



**Even by hearing the name of Milarepa;
The genuine faith was let overflow from the core of heart,
Prevents the rebirth in the hell realms for seven lifetimes
The Lord in an ordinary human form,
You are the great realized yoga in the Land of Snow!**

**Myself and all my followers;
Supplicate to you by recalling your dharmic activities!
May there raise the mind of knowing the fact;
That of whatever the worldly joy and happiness be!
Thus, may all the beings with unwavering single-mind,
Generate the mind of Buddhichitta!**

Among numerous accomplished vidhayadharas of India and Tibet, Jetsen Milarepa is one who at first generated the mind of revulsion against samsara, secondly succeeded to content whatever behest his root-guru made him with immense hardship, and finally, banished the worldly-mind in sake of practising dharma in solitary place. Thus, he is highly praised even by great buddhisatva and exemplified as most excellent dharma-practitioner within India and Tibet.

Nowadays, Sekhar Gu-Thog (nine story tower built by him) is one of his great legacies we could see. But, being long distance the people are unable to visit it. In order to bring simplicity for everyone Lama Kelzang Tsultrim from Sharchog is sponsoring and leading to build a temple (as scared as that of Tibet) called "Sangay Mingyur Ling Se-Khar Gu Thog" at Rigzin Ling (Ramete) in Phuntsholing, Chukha, with great intention in mind. The construction of the temple will begin from next in Water Dragon Year; coinciding the 960th birth anniversary of Jetsun Milarepa. It also coincides with my flashing hope of constructing the replica of Milarepa with temple, which is really a good omen. Therefore, I convey my prayers and rejoice for the success.

With that, I have one subject of request: These days, the statue of Jestun Milarepa is mostly build in emaciated form like hungry ghost. It is true he was emaciated while undertaking hardships; as same as Lord Buddha remained in hardships for six long years without any intake of foodstuff. But after realization or having accomplished the ultimate truth their bodies are nourished by meditation, thus they don't have perception of hunger and thirst. Besides, they are vastly made offerings by human, non-human demon, dakini, and so forth. It is thus praised, "Healthy complexion on naked body!" in Song of Praise. Accordingly all ancient statues were built in the perfect form. Building a replica more stunningly yields more virtuous. Keep this in mind!

Generally, the merit of constructing the replica of Buddha and Boddhisattva are described in many texts, so I need not elaborate it here. But anyhow, as said by great boddhisattva, the rebirth in hell realms for seven lifetimes will be prevented and one could remember one's own previous lives by just hearing the name of Jetsen Milarepa and generate the devotion within him. Therefore, whoever sees, hears, remembers or touches it through the devotions are all associated with the meaningful purpose.

This is written at the request of Lama Kelzang Tsultrim and his relatives on 10th day of Bhutanese 4th month in Iron Rabbit Year by Tulku Jigme Choda.



**(Tulku Jigme Chodra)
The 70th Jekhenpo**